

BELIEVE TO ACHIEVE

SUDBURY PRIMARY SCHOOL





Enrichment Handbook

Believe to Achieve

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Introduction

At Sudbury Primary School, we believe that education is more than just academic success. Enrichment plays a vital role in helping every young person discover their interests, develop new skills and build the confidence to thrive both in school and beyond.



Through a wide range of experiences, our pupils are encouraged to explore their talents, challenge themselves and develop the character, resilience and independence that will support them throughout their lives.

The Department for Education recognises enrichment as an essential part of a high-quality education, helping young people develop personally, socially and emotionally while preparing them for successful futures.

This handbook celebrates the breadth of opportunities available to our pupils and reflects our commitment to providing a rich and purposeful enrichment programme. Whether participating in sport, performing arts, leadership, outdoor learning, cultural experiences or special interest clubs, every activity has been carefully designed to complement learning in the classroom while promoting wellbeing, belonging and personal growth. We want every pupil to leave our school with not only excellent qualifications, but also the experiences, skills and memories that will help them flourish as active, confident members of their communities.

What is Enrichment?

Enrichment encompasses all the opportunities that extend learning beyond the taught curriculum. It provides students with meaningful experiences that broaden horizons, develop essential life skills and encourage curiosity, creativity and collaboration.

The Department for Education's Enrichment Framework identifies a high-quality enrichment offer as one that is broad and well-rounded, giving every young person access to experiences across areas including sport and physical activity, arts and culture, civic engagement, nature and outdoor adventure, and skills for life and work. These experiences help our pupils discover new passions, strengthen friendships and develop the confidence to embrace future opportunities.

Inclusion is at the heart of our enrichment programme. We are committed to ensuring that every pupil, regardless of background, ability or circumstance, has the opportunity to participate and succeed. We recognise that some students may face barriers to participation, and we work proactively to remove these through thoughtful planning, appropriate support and ongoing engagement with pupils and their families.

By listening to pupil voice, monitoring participation and continually reviewing our provision, we strive to create an enrichment programme where everyone feels welcome, valued and able to contribute. Our aim is that every student experiences the joy, challenge and sense of belonging that enrichment can provide.





Educational Trips and Enrichment

- Civic Engagement
- Arts and Culture
- Nature, Outdoors and Adventure
- Sport and Physical Activities
- Developing Wider Life and Future Skills

Civic Engagement

We believe that every pupil has the power to make a positive difference. Through opportunities such as the School Council, our pupils develop a strong sense of responsibility and active citizenship.

These opportunities encourage our values of **Kindness**, **Respect** and **Responsibility**, while broadening our pupils **Knowledge of the World** and helping them understand the importance of contributing positively to their communities.



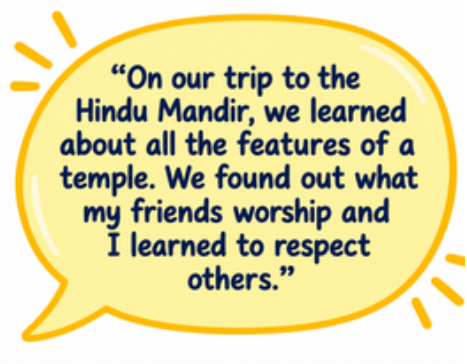
School Council

Our School Council brings together elected representatives from each class, giving children a real voice in what happens across the school. Through regular meetings, children learn about democracy by listening to the views of their classmates, sharing ideas and working together to make decisions. Importantly, children can see that their ideas can lead to real change, such as helping to plan and introduce improvements to our playground. Our children develop confidence and leadership skills. showing them that they can play an active part in making their school an even better place. They also visit the Houses of Parliament in Westminster to learn more about democracy in Britain today.



Places of Worship

Across the school, children have opportunities to visit a range of places of worship and to welcome visitors from different faiths into school. These experiences are carefully planned across year groups to bring learning to life and deepen understanding of different religions, beliefs and traditions. Meeting people from different faith communities gives children the chance to ask questions, make connections and learn directly from others. This helps them to foster curiosity, respect and tolerance whilst also preparing them to value and celebrate the diversity of the community in which they live.



Arts and Culture

Creativity allows our pupils to discover new talents, express themselves and appreciate the rich **diversity** of the world around them. Through music, drama, dance, art, creative clubs, performances, cultural visits and educational trips, our pupils are encouraged to explore different perspectives and celebrate cultural heritage.

These experiences develop **Respect** for others, inspire **Courage** to perform and create, and support our curriculum driver of **Diversity** by fostering understanding and appreciation of different cultures and traditions.



Day trip to Lille

Each year, a group of Year 6 pupils embark on an exciting trip to Lille, France, offering a unique opportunity to experience life beyond the classroom. For some children, this is their very first journey abroad, making the experience even more memorable. Pupils have the chance to practise their French in real-life situations, explore a new city and immerse themselves in another culture.

The visit brings our school value of Courage to life, encouraging pupils to step outside their comfort zones, embrace new experiences and develop confidence and independence. It is an unforgettable opportunity that broadens horizons, creates lasting memories and inspires a curiosity about the wider world.



"On our trip to Lille I went to order tickets at the zoo in French and I even bought my own pastries. It was an incredible trip and one I won't forget."

"It is a fantastic opportunity for our pupils to step outside of the classroom and rehearse all of the language we have been learning in real life. It also gives our children the chance to embrace the diversity of a French city and expand their knowledge and understanding of the world around them."



Theatre trips

Over the past two years, we have taken 720 pupils to experience the magic of live theatre, from Cinderella the pantomime to West End productions of Wicked, Paddington the Musical and, this autumn, The Lion King.

Thanks to the generosity of external funders and grants, we have been able to offer these unforgettable experiences completely free of charge, removing financial barriers and ensuring that all children have the opportunity to enjoy the arts. For many of our pupils, a school trip is their very first experience of visiting a West End theatre.

We believe that experiencing live theatre is about much more than watching a show; it is about broadening horizons, nurturing aspirations and helping every child feel that the world of arts and culture belongs to them.

"It was amazing! I couldn't believe how amazing the singing, costumes and music was, they even had a live orchestra. I can't wait to do our end of year production!"





"It was an incredible opportunity for our pupils and seeing their faces light up during the performance is something I will never forget. The journey home was filled with questions about the theatre and how to get more involved. A lot of children went to the theatre for the first time and can't wait to go back."

Cinema

We believe that learning should extend far beyond the classroom, and our cinema trips provide exciting opportunities to bring the curriculum to life. From watching Deep Sky at the IMAX to deepen pupils' understanding of space and explore breathtaking images of the universe, to experiencing The Wild Robot and bringing a much-loved Year 3 story to life, these visits create memorable connections between classroom learning and the wider world.
Remarkably, 90% of the children who attended had never visited a cinema before, making these experiences even more special.



"I went to the IMAX to learn about space by watching Deep Sky. We saw amazing images captured by NASA's James Webb Space Telescope (JWST). I had never been to the cinema before and it felt like I was actually there, seeing these real images!"

Museums and Galleries

With some of the world's finest museums and galleries on our doorstep, we make the most of London's rich cultural opportunities through our school trips calendar. These visits bring classroom learning to life, spark curiosity, broaden horizons and inspire our pupils to explore the world around them.





Choir with Harrow School

Through our partnership with Harrow School's Choral Programme, our choir enjoys incredible opportunities to perform at prestigious events, including Town Carols at Harrow School and the Eucharist at St Paul's Cathedral. Visits to Harrow School and Cambridge University broaden horizons, raise aspirations and inspire a lifelong love of music and learning.





Peripatetic lessons

Through our partnership with Sing Education, we offer peripatetic music lessons, giving pupils the opportunity to discover and develop their musical talents. With specialist tuition, children build confidence, develop new skills and work towards recognised music grades.



Year 6 Production

Inspired by their visits to the West End, our Year 6 pupils take to the stage each year for a spectacular end-of-year production, most recently The Wizard of Oz and Matilda. Drawing on their experiences of professional theatre, pupils develop their skills in acting, singing, voice projection, set design and costumes. These unforgettable performances showcase their creativity, confidence and teamwork, leaving our school community in awe as families come together to celebrate their achievements.









Nature, Outdoors and Adventure

Learning beyond the classroom helps our pupils develop confidence, **resilience** and independence. Whether through fieldwork, residential visits, outdoor education, environmental projects, gardening, adventure activities or educational trips, our pupils are encouraged to embrace new challenges and experiences.

These opportunities build **Courage** and **Responsibility**, while developing **Resilience** and a deeper appreciation of the natural world and our role in protecting it.



Sustainability Pledge

We are committed to creating a greener future and inspiring pupils to care for our planet. Our dedicated Eco Warriors have developed Sudbury's Sustainability Pledge, encouraging everyone to make positive environmental choices. As one of just 20 Brent schools participating in the Our Schools, Our World programme, we are exploring exciting ways to reduce waste, save energy and develop sustainable habits. Through practical activities and whole-school initiatives, we empower pupils to take responsibility for protecting our environment and making a lasting difference.

Our Schools, Our World

in partnership with LET'S GO ZERO 2030

Eco-Warriors

Our Eco Warriors play an important role in making Sudbury a greener, more sustainable school. They help monitor our environmental targets, encouraging everyone to recycle, reduce food waste and make environmentally responsible choices.



Eco-Refill Shop

Our enterprising pupils have taken sustainability into their own hands by launching an Eco Refill Shop to help reduce single-use plastic waste. First introduced at our Summer Fair, this exciting pupil-led initiative encourages our school community to make greener choices. It also gives pupils valuable experience in entrepreneurship, teamwork and taking responsibility for protecting our planet.



Bee-Friendly School

We are proud to be a bee-friendly school, helping to protect these important pollinators and support biodiversity. Our pupils have taken part in bee-friendly planting, creating a welcoming environment for bees in our wildlife garden. Some pupils have even had the exciting opportunity to try beekeeping, developing their understanding of the vital role bees play in protecting our planet.





Planting

Our pupils enjoy a wide range of opportunities to get their hands dirty and develop a love of gardening and nature. From Gardening Club and bee-friendly planting to growing vegetables in our school vegetable beds, children learn practical skills while discovering the importance of biodiversity and sustainability.





Residentials

Each year, our Year 5 and Year 6 pupils embark on exciting outdoor adventure residentials, creating unforgettable memories and developing skills beyond the classroom. From overcoming fears and embracing new challenges to building friendships and discovering hidden strengths, these experiences bring our school value of Courage to life. Pupils develop independence, resilience and confidence, learning to express themselves, support one another and achieve things they never thought possible.









Sport and Physical Activities

Sport and physical activity are an important part of a healthy and balanced education. Through PE, extracurricular clubs, competitions, fitness activities and recreational sport, our pupils develop teamwork, determination and self-belief.

Participation encourages **Respect** for teammates and opponents, Hon**e**sty through fair play, and **Courage** to challenge themselves. These experiences also strengthen **Resilience**, helping students to persevere, overcome setbacks and celebrate personal achievement.



Individual and Team Sports

We are proud to offer our pupils a wide range of opportunities to compete in individual and team sports, celebrating considerable sporting success in recent years, including winning the West London Cricket Finals. Supported by our specialist PE teachers, pupils develop their skills, confidence and competitive spirit through dedicated preparation and participation in tournaments.





Physical Activity

We encourage all pupils to lead active, healthy lifestyles through a wide range of physical activities throughout the school day. From the Daily Mile and lunchtime play equipment to college competitions and extracurricular sports clubs, we provide opportunities for every child to get moving, develop new skills and discover activities they enjoy. These experiences promote physical and mental wellbeing, build confidence and inspire lifelong healthy habits.



Bikeability

We offer Bikeability training to groups of children in Years 5 and 6, helping them develop the skills and confidence to cycle safely and independently. The sessions give the children practical experience of cycling safely on the road, including how to be aware of other road users, signal clearly and make sensible decisions. It also supports our wider aim of encouraging children to be active, healthy and equipped with useful skills for life beyond school.





College Events

Our college system fosters a strong sense of belonging, teamwork and healthy competition, with pupils and staff taking pride in representing their college. Throughout the year, children have opportunities to earn points through a variety of activities, including sporting tournaments, competitions and wider school events.



School Links - Tottenham Hotspur

Through our exciting partnership with Tottenham Hotspur, pupils across the school benefit from expert coaching delivered by professional football coaches. These sessions develop football skills, teamwork, confidence and a love of the game. Pupils also have opportunities to watch Tottenham Hotspur play, experiencing the excitement of live professional football and inspiring their own sporting ambitions.





School Links - Basketball England

Through our exciting partnership with Basketball England, pupils benefit from specialist coaching that develops their basketball skills, confidence and teamwork. These opportunities introduce our pupils to the excitement of basketball, encourage active and healthy lifestyles and inspire pupils to discover new sporting talents led by an ex-professional.





School Links - Middlesex Cricket

Through our fantastic partnership with Middlesex Cricket, pupils benefit from expert coaching that develops their cricket skills, confidence and teamwork. These opportunities inspire a love of the sport and provide pathways for talented young players to develop further. We are particularly proud that this partnership has led to some of our pupils joining the Middlesex Cricket Academy, opening doors to exciting opportunities beyond school and inspiring the next generation of cricketers.





School Links - Saracens Rugby

Through our exciting partnership with Saracens Rugby, pupils have the opportunity to discover a sport that many have never experienced before. With expert coaching, children develop new skills, confidence and teamwork while learning the importance of respect, resilience and sportsmanship.





School Links - Harrow School

Our longstanding partnership with Harrow School provides pupils with exciting opportunities to experience a wide range of sports through specialist coaching, tournaments and competitive events. These experiences develop sporting skills, confidence and teamwork while raising aspirations and opening doors to new opportunities. We are particularly proud that this partnership has contributed to one of our pupils securing a long-term scholarship at Harrow School, demonstrating the life-changing impact of enrichment beyond the classroom.





Swimming

All Year 5 pupils benefit from weekly swimming lessons, developing essential water safety skills, confidence and swimming ability. In Year 6, additional top-up lessons provide targeted support for pupils who need further practice, helping every child work towards the fundamental swimming skills needed to stay safe in and around water.

Sporting Success

We are incredibly proud of the sporting success our pupils achieve year after year at Sudbury Primary School. Through a wide range of competitions and tournaments, children have opportunities to showcase their talents, represent their school with pride and demonstrate their sporting abilities beyond the school gates. From individual achievements to team victories, we celebrate every success, recognising the dedication, resilience and teamwork that help our pupils thrive across within a diverse range of sports.












Live Sports

We are passionate about giving our pupils unforgettable opportunities to experience the excitement of live professional sport. From watching the England national football team at Wembley Stadium to attending matches at Brentford FC, children have the chance to see elite athletes perform on some of the biggest stages. For many pupils, these are their first experiences of live professional sport, creating lasting memories, raising aspirations and inspiring the next generation of sporting stars.









Developing Wider Life and Future Skills

Preparing our pupils for life beyond school is central to our enrichment programme. Through the wide range of opportunities available to them, they develop the practical skills and confidence needed for future success.

These opportunities encourage **Responsibility** and **Honesty**, while extending students' **Knowledge of the World** and equipping them with the **resilience**, adaptability and curiosity to thrive in an ever-changing world.



Digital Literacy

We equip our pupils with the digital skills and confidence needed to thrive in an ever-changing world. Our pupil Digital Leaders work closely with the Computing Lead to champion technology, develop digital skills and support others across the school. Exciting opportunities, including visits to organisations such as the Apple Store, allow our pupils to explore innovation beyond the classroom and discover the possibilities of the digital world.

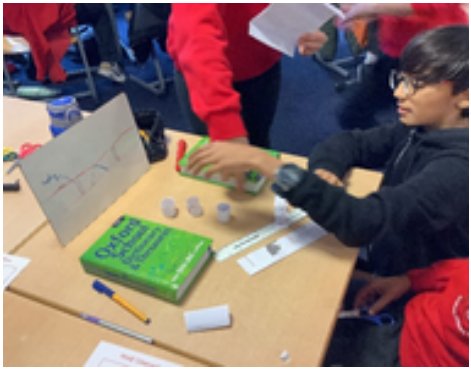




STEM

Through STEM, we develop pupils' curiosity, creativity and problem-solving skills. Alongside our taught curriculum, children enjoy exciting enrichment opportunities, including hands-on investigations, practical challenges and activities linked to British Science Week each year. Led by our Maths, Computing and Science Leaders, these experiences bring learning to life, encourage innovation and inspire pupils to explore the possibilities of STEM in the world around them.





Cooking

Through our curriculum and extra-curricular cooking clubs, pupils develop practical cooking skills while learning about the importance of a healthy, balanced diet. From preparing delicious dips to making seasonal soups, children enjoy hands-on opportunities to explore ingredients, discover new flavours and create their own dishes. These experiences encourage our pupils to make healthy food choices and develop a lifelong enjoyment of cooking.







"Hands-on cooking activities enrich the curriculum, giving children a chance to practise their cooking skills, taste and experiment with new flavours and develop a lifelong love of cooking and eating well."



Options Afternoon

Our exciting Options Afternoon gives pupils the freedom to choose from a wide range of activities, encouraging them to explore new interests, develop skills and try something different. From outdoor survival skills, Quidditch and arts and crafts to cooking, campfires and toasting marshmallows, there is something for everyone to enjoy.





Finance Education

We believe it is important to develop financial awareness and a respect for money from an early age. Through half-termly financial education lessons across the school, pupils develop essential life skills, including understanding the value of money, making informed choices, saving and budgeting. These experiences help children build confidence, responsibility and the knowledge needed to make sensible financial decisions as they grow older.

Sudbury Life Skills Stars Award

Inspired by the Duke of Edinburgh's Award, we have developed our very own Sudbury Life Skills Stars Award to equip pupils with essential skills for life beyond school. From swimming and cooking a meal from scratch to making their beds and laying the dinner table, children are encouraged to take on practical challenges that build confidence, independence and responsibility. This exciting initiative celebrates personal achievement, encourages pupils to try new things and helps prepare them for the opportunities and responsibilities of everyday life.

CATEGORIES

- Cooking
- MFL
- Domestic
- Interest
- Art/Drama
- Computing
- Fitness/Sport
- Independence
- Safety
- Eco

After-School Clubs

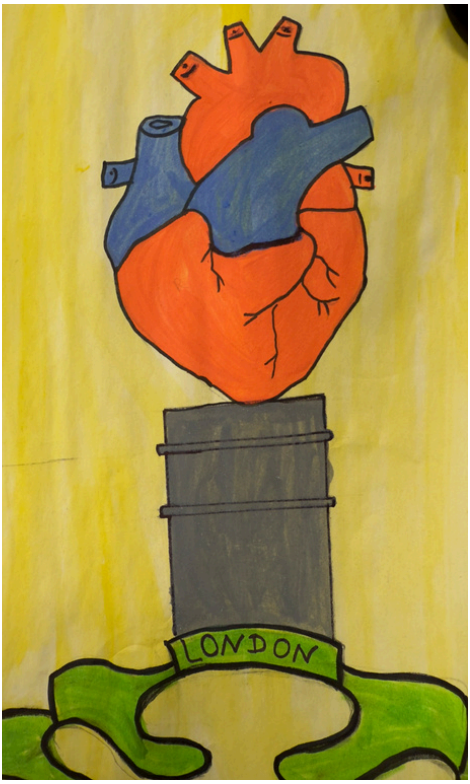
Our extensive range of after-school clubs provides pupils with exciting opportunities to discover new interests, develop talents and learn skills beyond the classroom. From sports and creative activities to academic enrichment and practical experiences, there is something to inspire every child. These clubs encourage friendships, build confidence and give pupils the chance to explore their passions, try something new and develop a lifelong love of learning.

Creative LEGO	Football	Cooking	Dodgeball
Yoga	Basketball	Gymnastics	Gardening
Arts & Crafts	Dance	Singing	Choir

Pupil Success

We are incredibly proud of Jiyan, who was selected as a prize winner in the prestigious Fourth Plinth Schools Awards across London. His outstanding artwork impressed the judges and earned him recognition at London City Hall, where his work was proudly displayed alongside entries from across the capital.

Jiyan had the exciting opportunity to be interviewed by presenter Marcus Bronzy and receive his award from Deputy Mayor for Culture Justine Simons OBE and renowned illustrator Marion Deuchars.







Pupil Success

We are incredibly proud of Man, one of our talented Year 4 pupils, who was crowned the winner of the Wembley Stadium Learning Zone Art Mural Competition. His outstanding artwork impressed the judges and was selected to be permanently showcased within the new Wembley Learning Zone, leaving a lasting legacy for future visitors.

As part of the exciting launch celebrations, Man had the honour of receiving his award from football legend and former England international Rachel Yankey, whose inspiring words encouraged pupils to dream big, work hard and believe in themselves.







National Recognition

We are incredibly proud that our Enrichment Lead, Ms Grafstein, was recognised nationally as one of just four finalists for the prestigious 2025 School Trip Champion Award, organised by School Travel Organiser.

This national recognition celebrates our exceptional commitment to providing enriching, inclusive and memorable educational experiences that extend learning beyond the classroom. As a school, we are dedictaed to removing barriers and ensuring that every pupil, regardless of background or circumstance, has access to life-changing opportunities through our commitment to Enrichment for All.

Being shortlisted among the top four educators nationally is a fantastic achievement and a testament to the ambitious, inclusive enrichment provision embedded across Sudbury Primary School.





Sharing our Success

Sudbury Primary School is regularly featured in School Travel Organiser magazine and the Learning Outside the Classroom Yearbook, showcasing and celebrating our commitment to providing exceptional enrichment opportunities. These publications recognise the breadth of experiences we offer and our dedication to ensuring that learning extends far beyond the classroom.



Giving children every opportunity

Davita Grafstein, deputy head of Sudbury Primary School in Brent, London discusses their packed calendar of educational visits and the impact on pupils.



Making experiences matter

Senior leaders, teachers and school staff share their advice for embedding learning outside the classroom experiences before, during and after educational visits.

• Sudbury Primary School pupils enjoyed a day trip to Lille in France via Eurostar.